

# Summer SEL Series



*We look forward to seeing you this summer!*

Join us for the Summer SEL Series as we dig deeper into the 5 SEL competencies! Participants will hear from expert presenters over the course of 4 sessions. Learn how SEL can be implemented within their classroom environment(s), how to best assess current practice, receive rich SEL resources and learn about how best practices in SEL implementation align with trauma informed practices!

July  
7th



**Heidi LeFleur**

National Motivational Speaker  
Discipline Associates

### The ABCs of Making EVERY day the BEST day for EVERY Child

Every letter represents a practical & powerful strategy to help the kids who have been marginalized, are misunderstood or take frequent detours from what's expected. Leave with 26 SEL strategies to work with every student regardless of behavior. Gain perspective that you do have the "magic wand" to guide behavior. Come see what that magic is so you can make EVERY day the BEST day for EVERY child.

9:00am - 11:00am

July  
21st



**Tessa Levitt**

Professional Development, CA  
BOCES

### Bringing SEL to Life in the Classroom with Picture Books

Elementary students are just learning the social and emotional skills that will carry them through life—and nearly every interaction can be an opportunity to practice. Closely related to SEL are language skills, and communication skills they learn through quality picture books. This is a great way to reinforce SEL through the ELA standards.

Picture books can be taught through read alouds—followed by discussion protocols. These discussions provide students with an opportunity to pose questions that will reinforce SEL concepts.

9:00am - 11:00am

August  
4th



**Kristin Souers,**

LCSW  
National Speaker & Author

### Trauma Invested Communication

Effective communication approaches are critical to establishing and maintaining relationships. And when dysregulation or disconnection occurs and someone goes - or both of you go - to the downstairs brain, effective communication, grounded in self-regulation, purpose, and connection, might be the only thing that can save you! Intentional Communication is essential when trying to create a culture of safety for your staff and students and families. Communication struggles and breakdowns are often the key culprits of impact on the creation of the nest and often key focuses of our consultation with buildings, districts, and settings. We will review our mindsets and ways to work with the mindsets of those we serve and how those can impact connection and safety. We will explore our roles and ways we can help reframe and support repair following a disruption or a break in communication. We will talk through the steps to trauma invested communication and provide some strategies for support.

1:00pm - 3:00 pm

August  
18th



**Jillian Putnam**

Professional Development, CA  
BOCES

### Building Relationships & Creating Community through Restorative Practice Self-Care Circles

Restorative circles are the antidote for a great way to stay together when we must be so far apart. This session will focus on self-care, mindset, and the importance of positivity by providing a virtual restorative circle experience for leaders and teachers. Restorative circles provide a place for people to connect, share ideas, and support each other through challenging times. It is also an opportunity for leaders and teachers to experience the social and emotional benefits of a circle process and how this can transform into opportunities for supporting SEL with students through face-to-face, hybrid, and remote instruction

9:00am - 11:00am