

Adverse Childhood Experiences & The Developing Brain

December 9th, 2020
Facilitator: Katie Mendell, LMSW

8:30am – 10:30am

8:30-8:50 AM	Welcome, Introductions & Inclusion Activity
8:50-9:05 AM	Review of ACES 101
9:05-9:30 AM	Brain Development & Adversity
9:30-9:45 AM	Social Determinants of Health & Impact on Development
9:45-10:00 AM	Neuroplasticity and Resilience
10:00-10:15 AM	Breakout Discussions & Q&A
10:15-10:30 AM	Optimistic Closure

Learning Objectives

Objective #1	Participants will review and reflect on adverse childhood experiences and their understanding & insight into how this impacts the education system
Objective #2	Participants will explore and enhance knowledge on how adversity wires the brain
Objective #3	Participants will apply the social determinants of health and the impact on development, health & functioning
Objective #4	Participants will learn about neuroplasticity and how to utilize science based techniques to reverse brain changes